

# **FAMILY BODY & MIND NIGHT SURVEY RESULTS**

Survey Question	Results					
1. Have your family's eating and / or snacking habits changed this year?	Vern Patrick			Tom McCall		
	None	Some	A lot	None	Some	A lot
	9	21	4	4	28	9
2. Have your family's exercise habits changed over this school year?	Vern Patrick			Tom McCall		
	None	Some	A lot	None	Some	A lot
	8	19	7	7	22	11
3. Does your child talk about nutrition at home?	Vern Patrick			Tom McCall		
	None	Some	A lot	None	Some	A lot
	13	11	10	4	24	11
4. Does your child exercise more regularly now?	Vern Patrick			Tom McCall		
	None	Some	A lot	None	Some	A lot
	4	16	4	1	21	18
5. Would you like our evening wellness events to continue?	Vern Patrick			Tom McCall		
	None	Some	A lot	None	Some	A lot
	0	8	26	0	4	36

**Comments from Vern Patrick Families:**

1. My kids love it.
2. They're fun to come to
3. I think this program is best
4. Add more running - they think it's too easy
5. Thank you for all of everyone's efforts
6. Good work
7. Great job
8. It is good to be here and helping out with kids. This event is great.
9. This is a great activity for the school to put on. Thanks for letting Mt. Bachelor be part of it.

**Comments from Tom McCall Families:**

1. Thanks for all your work.
2. I like the way you have gymnastics stuff in the gym.
3. Love Mind & Body Night!!
4. What a great thing for the kids!
5. What a great idea!
6. We love to continue with this event for the family and children. They enjoy this a lot.
7. We're glad you're doing this.
8. Good educational opportunity
9. We have always eaten right and we grow our own vegetables, poultry and beef.
10. I think nutrition and exercise is so important and used to have more time to monitor. Now I work full time and this part has slacked.

**My child/children attend:**

Tom McCall Elementary School Grade(s) K=2, 1=9, 2=9, 3=9, 4=17, 5=6  
 Vern Patrick Elementary School Grade(s) K = 4, 1=8, 2=7, 3=11, 4=18, 5=10